

# Using your data to plan and support better care

Find out how your data is used to give you personalised care and plan for future health and care needs in Suffolk and North East Essex.

Your data, including age, gender and medications prescribed, is used to plan health and care services for the local area, as well as help your GP provide better personalised care.

This process is called risk stratification / health risk screening.

If you don't want your data to be used in this way, you can opt out but need to be aware that this can affect the proactive provision of your care.



## What is risk stratification?

In Suffolk and North East Essex we take part in two types of risk stratification:

- Risk stratification for case-finding
- Risk-stratification for commissioning

In both cases risk stratification tools use patient data, such as age, gender, diagnoses, hospital attendance and admissions, which is collected by NHS England from NHS hospitals and community care services. This is then linked to data from GP practices and analysed.

Suffolk and North East Essex Integrated Care Board (SNEE ICB) and your GP use patient data to provide personalised care and improve services.

### Risk stratification for case-finding

GPs use this method to spot and support patients with long-term conditions. It can help to prevent unexpected hospital visits or lower the chance of getting other diseases.

Your GP will use computer-based algorithms or calculations to find registered patients who are at most risk.

Your GP will do this on a routine basis. It will be done electronically without human intervention and will produce a report that will be reviewed by a multidisciplinary team of staff at your practice. You might then be contacted if changes to your care are identified.

### Patient data

Patient data is used to provide personalised care and improve services and may include:



**Age**



**Gender**



**Diagnoses**



**Hospital attendance**



**Admissions**

## Risk stratification for commissioning

This is a process SNEE ICB use to understand the needs of the local population so they can commission the right services.

Data is sent directly to a risk stratification tool by NHS England and/or GP practices.

Once the data is in the tool, ICB staff only have access to anonymised or aggregated data. You will not be personally identifiable nor will any ICB staff have access to your personal or confidential data.

## Your rights

There is Section 251 approval from the Secretary of State for Health and Social Care, through the Confidentiality Advisory Group of the Health Research Authority, that means SNEE ICB can receive this data in line with specific technical and security measures in place.



**Find out how to opt out on the back page**



# Opt out

If you are happy for your data to be used in this way, you don't need to do anything.

However, if you don't want your data included, you can choose to opt out by contacting your GP or SNEE ICB, who will let your GP know. Your records will be updated to make sure your information is not included.

You can contact the ICB by email, phone or post:



sneeicb.pals@nhs.net



0800 389 6819



SNEE ICB

Aspen House

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Colchester

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You can also find out more, including a glossary of terms by visiting

[www.suffolkandnortheastessex.icb.nhs.uk](http://www.suffolkandnortheastessex.icb.nhs.uk)

